



# LET US MAKE YOUR MARRIAGE EVEN BETTER

Our new Redbook Marriage Institute will do just that.

**t**his is one of my proudest days as editor of *Redbook* because I can introduce you to something I've been dreaming of starting in this magazine for years. And finally, finally, its time has come!

Since *Redbook* is the magazine for young married women like you, I felt it was very important that we be on the forefront of all the news and info you can use when it comes to your great new married life. That's why we have created the Redbook Marriage Institute (RMI): It will serve as your primary source of news, research, and advice about marriage. With the help of our special projects director, Laura Manske, we've compiled a simply incredible list of the leading experts in this field, all linked through our Redbookmag.com website. *Redbook* readers like you will be the first to hear the latest marriage news and advice. In fact, the Redbook Marriage Institute will be the marriage "trend-spotter," advising you on what every married girl must know about husbands and love, sex, money, parenting, travel, and decorating.

In this issue alone, check out "The New Marriage Rules"; our eye-opening romance survey; and our Marriage Makeover, which features a couple who's just had triplets and, not surprisingly, don't have much time for each other. One of our new experts tells them how to deal. In "My Life As a New Wife," *The Bachelorette* star Trista Sutter reveals what she did when she discovered that her husband, Ryan, didn't love everything about her (that is, her obsession with hearts and stuffed animals). Check out Redbookmag.com, too, for even more marriage talk, as well as chats that will include experts from our advisory board.

Let me know what you think (at redbook@hearst.com)—and how we can make your married life even sweeter.

*Ellen*

**Ellen Kunes, Editor-in-Chief**

## Introducing the Redbook Marriage Institute Advisory Board

### ROMANCE, COMMUNICATION & FAMILY

**Michael L. Benjamin**

Executive director/editor,  
NCFR Report, National Council on Family Relations

**John DeLamater, Ph.D.**

Marriage researcher, University of Wisconsin

**Norman Epstein, Ph.D.**

Marriage researcher, Department of Family Studies,  
University of South Carolina

**John Gottman, Ph.D.**

Director, The Gottman Institute; marriage therapist;  
author, *Seven Principles for Making Marriage Work*

**John Gray, Ph.D.**

Marriage therapist; author,  
*Men Are from Mars, Women Are from Venus*

**Jane Greer, Ph.D.**

Marriage therapist; author, *Gridlock: Finding the  
Courage to Move On in Love, Work, and Life*

**Harville Hendrix, Ph.D.**

Director, Imago Relationships Int'l; marriage therapist;  
author, *Getting the Love You Want: A Guide for Couples*

**Mary Hotvedt, Ph.D.**

President, American Association for  
Marriage and Family Therapy

**Janet Hyde, Ph.D.**

Marriage researcher, University of Wisconsin

**Jenny Lee**

Marriage writer; author, *I Do. I Did. Now What?!*

**Lou Paget**

Sex educator; author, *365 Days of Sensational Sex*

**David Popenoe, Ph.D.**

Marriage researcher; codirector,  
The National Marriage Project, Rutgers University

**Michele Weiner-Davis**

Marriage therapist;  
author, *The Sex-Starved Marriage*

**Barbara Dafoe Whitehead, Ph.D.**

Marriage researcher; codirector,  
The National Marriage Project, Rutgers University

### LIFESTYLE

**David Bach**

Financial advisor;  
author, *Smart Couples Finish Rich*

**Ann Brown**

Consumer rights advocate

**Kristan Cunningham**

Host, HGTV's *Design on a Dime*

**Katharine D. Dyson**

Romantic travel expert; author,  
*100 Best Romantic Resorts of the World*

**Laura Berman Fortgang**

Life coach; author,  
*Now What? 90 Days to a New Life Direction*

**Tracy Gallagher**

Host, TV's Travel Channel

**Carley Roney**

Editor-in-chief/cofounder, The Knot



**Lou Paget**  
Author, *365 Days of  
Sensational Sex*



**Harville Hendrix**  
Director, Imago  
Relationships Int'l



**Jenny Lee**  
Author, *I Do. I Did.  
Now What?!*



**John Gray**  
Author, *Men Are  
from Mars, Women  
Are from Venus*



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